

What is claimed is:

(1) An inhibitor of blood glucose level elevation comprising, as an active ingredient, an acerola leaf extract and/or a processed product thereof.

(2) The inhibitor of blood glucose level elevation according to claim 1, wherein the acerola leaf extract and/or the processed product thereof comprise(s) polyphenols.

(3) An inhibitor of advanced glycation end product (AGE) generation comprising, as an active ingredient, an acerola leaf extract and/or a processed product thereof.

(4) The inhibitor of AGE generation according to claim 3, wherein the acerola leaf extract and/or the processed product thereof comprise(s) polyphenols.

(5) The inhibitor of blood glucose level elevation or the inhibitor of AGE generation according to any one of claims 1 to 4, which is used to treat or prevent diabetes or diabetic complications.

(6) The inhibitor of blood glucose level elevation or the inhibitor of AGE generation according to any one of claims 1 to 5, which is to be added to a food product.

(7) A food product comprising the inhibitor of blood glucose level elevation or the inhibitor of AGE generation according to any one of claims 1 to 6.

(8) A food product comprising an acerola leaf extract and/or a processed product thereof.